



ARE YOU LIVING YOUR BEST LIFE?

Answer Honestly! No One Will See the Results, but **YOU**

- HAVE YOU HAD A COMPLETE PHYSICAL WITHIN THE LAST YEAR? Y N
- HAVE YOU VISITED A DENTIST IN THE LAST 6 MONTHS? Y N
- DO YOU FEEL YOU ARE IN THE BEST OF HEALTH? Y N
- ARE YOU COMFORTABLE WITH YOUR CURRENT FINANCIAL STATUS? Y N
- DO YOU BELIEVE IN A HIGHER BEING? Y N
- ARE YOU HAPPY MOST OF THE TIME? Y N
- DO YOU TAKE CARE OF EVERYONE ELSE AND NEGLECT YOURSELF? Y N
- DO YOU HAVE A GOOD RELATIONSHIP WITH YOUR SIGNIFICANT OTHER? Y N
- DO PEOPLE TAKE ADVANTAGE OF YOU? Y N
- DO YOU FEEL VALUED AS A PERSON? Y N
- ARE YOU SATISFIED WITH YOUR PHYSICAL APPEARANCE? Y N
- ARE YOU CURRENTLY DOING ANYTHING TO IMPROVE YOUR APPEARANCE? Y N
- DO YOU SET GOALS? Y N
- DO YOU NEED TO MAKE CHANGES IN YOUR LIFE? Y N
- ARE YOU READY TO MAKE CHANGES IN YOUR LIFE? Y N

IF ANY OF YOUR ANSWERS MADE YOU PAUSE AND THINK, THE MOYA® PLAN CAN HELP YOU!

